

ENDOSCOPY FREQUENTLY ASKED QUESTIONS

How long does the procedure take?

This varies greatly from person to person. Expect to spend two to three hours at the Centre.

Will I be able to travel after my procedure?

Yes. Unless instructed otherwise by the doctor. Air travel is fine provided you are not the pilot. Be sure to let the doctor know about your intention to travel in case special instructions are needed.

Will I be able to drive after my procedure?

No. Unless your procedure is performed without sedation, you will not be permitted to drive.

What about my high blood pressure medication?

If you have high blood pressure, you should take your morning dose of medication with water on the procedure day.

What about my diabetic medication?

You should not take insulin or diabetic medication on the morning of the procedure. Please remind the nurse that you are diabetic so that special attention can be given.

What about my heart medication?

This should be discussed with the doctor prior to the procedure. Aspirin should be discontinued for about a week prior to endoscopy. Directions for other medications vary for individuals.

When can I eat?

You may eat immediately after your discharge from the Recovery Room. A light meal is usually recommended.

Can my spouse be present during the procedure?

This is permitted at the doctor's discretion. You must make your wishes known to the doctor as early as possible for consideration.

**The Centre for Digestive Health
Grosvenor Medical Centre, Nassau, Bahamas.**